

Hey Mama

CHECK US OUT!



If you are an expectant mother or the mother of a child from birth to Kindergarten, we would love for you to join us!

Hey Mama, we see you. We know mothering littles is hard. Seward MOPS provides an opportunity for moms who are in the same stage of life time to talk, relax, and bond. Meetings include breakfast, an uplifting speaker and a little creative outlet. We also provide childcare for your little ones so it's truly a time to relax and enjoy yourself. Other Playdates and Mom's Night Outs are planned throughout the year for you to join as well. We'd love to meet you, come join in the fun!

PLACE: Hillcrest Evangelical Free Church
2433 Progressive Road
Seward, NE 68434
402-643-2316

TIME: 9:00-11:00am – Check-in begins at 8:50am
2 Friday mornings per month – September to May

COST: Participation fees are \$7⁰⁰ per meeting (\$78/year). Scholarships may be available. **Your first meeting is always FREE so please stop by and check it out!**

For our latest get-together, find us on FB @SewardMOPS



If this isn't your stage of life, please consider joining us in serving these women by helping in the childcare area. Paid positions are available, contact Karlie 402-540-4992 for more information.